



Public Document Pack

MEETING:	North Area Council
DATE:	Monday, 23 November 2020
TIME:	10.00 am
VENUE:	THIS MEETING WILL BE HELD VIRTUALLY

AGENDA

- 6 Area Commissioning Performance Report (*Pages 3 - 32*)

To: Chair and Members of North Area Council:-

Councillors Leech (Chair), A. Cave, T. Cave, Charlesworth, Howard, Hunt, Lofts, Newing, Pickering, Platts, Spence and Tattersall

Area Council Support Officers:

Tom Smith, North Area Council Senior Management Link Officer
Rosie Adams, North Area Council Manager
Rachel Payling, Head of Service, Stronger Communities
Elizabeth Barnard, Council Governance Officer
Cath Bedford, Public Health Principal - Communities

Please contact Elizabeth Barnard on email governance@barnsley.gov.uk

Friday, 13 November 2020

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Item 6

BARNSELY METROPOLITAN BOROUGH COUNCIL

North Area Council Meeting:

23rd November 2020

Agenda item: 6

Report of
North Area Council Manager

North Area Council – 2020/21 Quarter 2 (July – September 2020) Performance Management Cover Report for Commissioned Projects and Stronger Communities Projects

Recommendations

It is recommended that:

- 1. Members note the contents of the Performance Management Report Attached, Appendix 1.**

Background

A comprehensive North Area Council Performance Report for the period July – September (2020/21 Quarter 2) has been produced and is attached, Appendix 1.

Performance Management Report (attached at Appendix 1)

Part A of the North Council Performance report provides North Council members with an aggregate picture of how all the North Council contracted services contribute to the achievement of each of the North Area Council's agreed outcomes and social value objectives.

The information provided in Part A reflects information gathered from each contract for the period July – September 2020.

Contracted Service Providers:

- CAB & DIAL – Community Outreach Project
- Twiggs Grounds Maintenance – Creating a cleaner, greener environment in partnership with local people
- DIAL – Social Isolation and Warm Homes

Area Council Funded Posts

- Housing Migration Officer (post currently vacant)

Part B provides North Council members with a summary performance management report for each of the contracted services for 2020/21 Quarter 2 (July-September 2020). The report provides RAG ratings plus updated information from all North Area Council Providers, following submission of their quarterly reports and subsequent quarterly contract monitoring/management meetings.

The report provides a link between the commissioned services and the Public Health Outcomes: <https://fingertips.phe.org.uk/profile/public-health-outcomes-framework>

Part C provides a summary of performance information from the Strong Communities Grants Projects.

In addition to the information provided in the summary reports, more detailed information is available on request, including case studies with photographs for each contracted service, and some performance data on a ward basis.

Performance Report –Issues

Two of the North Area Council contracts continue to perform well. One is over capacity.

Appendices

Appendix 1: North Council Performance Management Report - Quarter 2 2020/2021 (July - September).

Officer Contact:
Rosie Adams

Tel. No:
01226 773583

Date:
18th November 2020

NORTH AREA COUNCIL

Project Performance Report

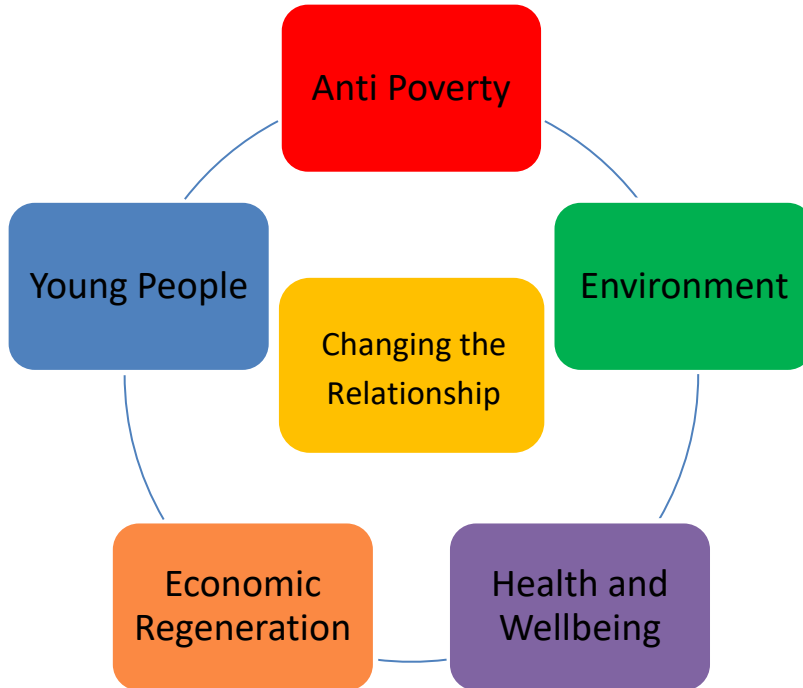
Q2 2020 (July - September 2020)

Covid-19 Innovation & Adaptation

October 2020

INTRODUCTION

North Area Council Priorities



Contributing to the following Corporate Priorities and Outcomes:

THRIVING & VIBRANT ECONOMY	PEOPLE ACHIEVING THEIR POTENTIAL	STRONG & RESILIENT COMMUNITIES
<p>Outcomes:</p> <ul style="list-style-type: none"> 1: Create more and better jobs 2: Increase skills to get more people working 5: Create more and better housing 	<p>Outcomes:</p> <ul style="list-style-type: none"> 7: Reducing demand through improving access to early help 8: Children and adults are safe from harm 9: People are healthier, happier independent and active 	<p>Outcomes:</p> <ul style="list-style-type: none"> 10: People volunteering and contributing towards stronger communities 11: Protecting the borough for future generations

Table 1 below shows the Providers that have now been appointed to deliver a series of services that address the priorities and deliver the outcomes and social value objectives for the North Area Council. A number of projects are still in the development phase.

	Service	Provider	Contract Value/length	Contract start date	Updates
Anti-Poverty	Financial Inclusion Service	CAB & DIAL	£148,120 2 years	14 th September 2015	Contract Concluded
Anti-Poverty	Financial Inclusion Service	CAB & DIAL	£190,000 2 years (+1yr)	14 th September 2017	Contract Live – Performing well
Young People	Summer Holiday Internship 2014	C&K Careers	£39,410 9 months	April 2014	Contract Concluded
Young People	Summer Holiday Internship 2015	C&K Careers	£45,000 18 months	9 th March 2015	Contract Concluded
Young People	Summer Holiday Internship 2016	C&K Careers	£31,550 18 months	1 st March 2016	Contract Concluded
Environment	Environmental enforcement	Kingdom Security	£ 54,771 1 year + £81,844 8 months	4 th August 2014 August 2015 – March 2016	Contract Concluded
Environment	Environmental enforcement	Kingdom Security	£120,640 per annum (1yr+1yr+1yr)	1 st April 2016	Contract Concluded
Environment	Clean & Green Community Development	Forge c/o Anvil CIC	£150,192 2 years	14 th September 2015	Contract Concluded
Environment	Clean & Green Community Development	Twiggs Grounds Maintenance Ltd	£169,932 2 year (+1 year)	2 nd October 2017	Contract Live
Economic Regeneration	Small Business Development Survey	Barnsley Business and Innovation Centre	£2,250 £5,000 - 6months	Aug 2016 April 2017	Survey Biz Surgeries
Health and Wellbeing	Healthy Eating Project	South & West Yorkshire (NHS) Foundation Trust	£98,893 18 months	16 th October 2014	Contract Concluded - April 2016
Health and Wellbeing	Social Isolation and Cold Homes	DIAL	£150,000 2 years (+1year)	1 st September 2018	Contract Live

PART A - OVERVIEW OF PERFORMANCE

3 contracts have formally completed their contract monitoring/contract management reporting for Q2 2020/21. The following tables therefore reflect the overview of performance of **3 live contracts only**. These contracts are:

- Twiggs – Year 3, Q4
- CAB & DIAL - Contract 2, Year 3, Q4
- DIAL (Social Isolation) – Year 2, Q4

The North Area also funds a contracted posts:

- Housing Migration Officer (post holder commenced employment on 19th October 2020)

Anti-Poverty

Performance Indicator	Target /Quarter	Achieved to date
CAB & DIAL Contract		
Number of financial / debt settlements negotiated	Y3	46
Cases of homelessness prevented	Y3	14
Overall benefit gain (in £)	Y3	£1,721,291
Debt Managed (in £)	Y3	£301,109
Home environment (regardless of tenure) – Social Isolation & Cold Homes		
Savings derived as a result of energy switching (in £)	Y2	£6,624

Young People

Performance Indicator	Target	Achieved to date
Number of young people engaged by Youth Participation Officers (11-13yrs)	NA	46
Number of young people engaged by Youth Participation Officers (14-19yrs)	NA	89
Number of sessions delivered by Youth Participation Workers	N/A	36

N.B. New performance indicators will be developed when the young people's project is defined.

Environment: Education & Support

Performance Indicator	Target	Achieved to date
Public Spaces - Twiggs		
Number of local businesses supported at planned events	20	33%
Number of new groups formed with support of Twiggs	0	0%
Number of hours of volunteering generated	825	68.75%
Number of volunteers trained in horticultural skills	36	112%
Private Rented Homes - Housing Cohesion Officer		
Number of vulnerable households identified	Total	-
Number of properties improved because of service intervention	Total	-
Number of requests to landlords (both formal and informal)	Total	-
Number of community protection written warnings issued	Total	-
Home environment (regardless of tenure) – Social Isolation & Cold Homes		
Numbers of household receiving heating and energy efficiency measures. (Energy Switching)	25	35.7%
Number of volunteers trained to deliver home energy advice and energy switching sessions	1	20%

Health and Wellbeing

Performance Indicator	Target	Achieved to date
Anti-Poverty – CAB & DIAL		
Local residents experienced improved health and wellbeing	N/A	79%
Local people feel more able to manage their own affairs	N/A	88%
Home environment (regardless of tenure) – Social Isolation & Cold Homes		
Individual needs assessments completed	73	73%
Reduction in feelings of loneliness and isolation within the client group (feeling more connected)	Q3	121
Improvement in Mental Wellbeing of residents	Q3	37
Number of new social networking groups	4	50%

Twiggs Grounds Maintenance

Clean and Green

Health and Wellbeing

Changing the Relationship

	RAG
Satisfactory quarterly monitoring report and contract management meeting.	●
Milestones achieved	●
Outcome indicator targets met	●
Social value targets met	●
Satisfactory spend and financial information	●
Overall satisfaction with delivery against contract	●

Extract from the providers quarterly narrative report:

Performance Indicator	Yr 3 Target	Q1	Q2	Q3	Q4	Cumulative
Twiggs social action events	12	34	21	C19	C19	55
Community groups supported	12	10	12	C19	32	54
Areas adopted by residents	4	0	0	1	5	6
Volunteers recruited to Twiggs events	48	137	134	C19	C19	271
Areas of blight targeted	100	45	75	161	94	377
Local business engagement	60	9	10	C19	1	20
Restorative justice sessions	4	0	0	C19	C19	0
Local spend	90%	95%	95%	95%	95%	95%

Examples of project work completed:

Darton West Voice of Darton Group at All Saints Church, Darton

- 10/07/2020 – Assisting with maintaining the grass around the memorial stones. We strimmed a section and used the mechanical blower off to leave a clean finish.
- 17/07/2020 – Supporting regular volunteers by strimming the grass in the Church graveyard.
- 24/07/2020 – Strimming down the overgrown grass to reveal the headstones in the graveyard



- 31/07/2020 – Assisting Voice of Darton volunteers continuing to clear overgrowth around the gravestones.



- 19/08/2020 – Supporting Voice of Darton members and volunteers cutting the grass at All Saints Church. Around the footpaths was mowed, strimming and blew off.



Darton East– Footpaths at the Green on Woolley Colliery Road

17/08/2020 Working at a safe distance with a local resident to open up the footpaths. Strimming back the nettles and overgrown grass, lopped low branches and cleared weeds.

Litter Picked – 2 bags 1 sustained adult volunteer supported



Old Town - YMCA

- 22/07/2020 – Cresswell Street Allotments – After checking for nesting birds we began strimming the long grass and trimming back the hedge to support the YMCA and allotment group so they can now have a fence erected for the area.



St Helen's - Athersley North Family Centre - Large Environmental Scheme

- 14/09/2020 – Working together with Athersley North Family Centre, at Athersley Community Shop Garden area. Clearing 3 raised beds of dead edibles and weeds, in preparation for growing edibles.
- 06/08/2020 – Supporting Athersley Family Centre to enable them to engage with hard to reach families. They have been targeting the streets surrounding the center to remove litter (Newstead Road, Lindhurst Road, Hill Top Avenue) collecting 7 bags of litter in total.
- 05/08/2020 – Supporting Early Start and Family Services with their community social action litter pick.
- 02/09/2020 – Attending a meeting, discussing partnership working and what activities we can work together to carry out. (Tasks include – Growing edibles, litter picks and educational sessions eg, herbal tea making)
- 21/09/2020 – Working with a local mother and her son at Athersley Community Shop Garden sowing vegetable seeds in the raised beds. Range of onions, radishes and cauliflower)
- 28/09/2020 – Working with two mothers and their children planting a range of seeds, including broad beans, peas, kale and cabbage.

***TWIGGS contribution to Public Health Outcomes**

Improving the wider determinants of health	
Objective 1: improvements against wider factors which affect health and wellbeing and health inequalities.	
1.04	First time entrants to the youth justice system
1.16	Utilising outdoor space for exercise and health reasons
Health Improvement	
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities	
2.13	Proportion of physically active and inactive adults
2.23	Self-reported well being

CAB & DIAL 2

Health and Wellbeing		RAG
	Satisfactory quarterly monitoring report and contract management meeting.	●
Anti Poverty	Milestones achieved	●
	Outcome indicator targets met	●
	Social value targets met	●
	Satisfactory spend and financial information	●
Changing the Relationship	Overall satisfaction with delivery against contract	●

Extract from Performance report

Face to Face outreaches were suspended on the 17th March 2020 following government guidelines due to the COVID19 virus outbreak.

All advice from CAB from that date has been provided through the Adviceline and EMail services. Advice from Dial is being provided by a telephone service.

In the period 1 st July to 30th September 2020, advisers from both organisations have provided information and advice to 576 client contacts, supported clients to claim £427,910 of welfare benefits and manage £20,842 of debt.

Since March 17th 2020 this service has now been delivered by telephone and EMail due to face to face services being suspended until further notice due to the Corona Virus. DIAL stats appear high due to them contacting all clients who they have assisted during the previous 12 months to enquire if they need any further help and support during the current COVID pandemic.

As in previous reports, the majority of clients for both organisations accessed the service for help with benefit related issues. The generalist adviser from CAB has also supported clients with a range of other issues including employment, housing, consumer, legal support, relationship and family issues, financial services & capabilities, utilities, health and community care and debt.

Of the 576 client contacts this quarter 72 have required help with form filling – a total of 13% of the clients, majority of which are related to the benefits system.

Debt Settlements negotiated

During Quarter 4, CAB dealt with 12 client contacts whose main issue related to debt. In total we helped 3 clients manage £20,842 of debt an average of £6,947 per client. 3 clients were sent for fast track specialist debt support with the CAB debt

workers.

Case Study 2 CAB

Client and partner and dependent children reside in a privately rented property. Client's currently on reduced income due to the pandemic and previously applied for benefits but had been turned down. Clients had previously complained to the landlord regarding repairs. However, the landlord has now issued a Section 21 notice. Clients have resided in the property for a considerable number of years but due to the pandemic have 2 months worth of rent arrears. Clients are looking to move out of the property but due to the current situation would like more time to find alternative accommodation. Advised clients fully on their rights regarding the Section 21 notice, its effectiveness, what the law states regarding Section 21's under the current pandemic and what the clients options are regarding the notice. From the information provided, clients were able to make a better informed decision on how to deal with the current housing situation and provide a plan for moving forward. Clients have decided that once they have resolved their housing situation, they will come back to us regarding other issues they have. This case highlights the impact of the pandemic on other areas of people's lives. Not only employment but housing as well and how the law has had to change to accommodate the situation. It also highlights the need for clients to seek current, up to date advice and information, since what would have been the advice last year is no longer valid under the current situation.

Case Study 2 DIAL

Before DIAL

Client K. is a young, single parent, caring for their 2 year old child who has a heart condition and requires constant supervision. They have been shielding due to the Covid-19 pandemic and only going out when absolutely necessary. Client K had been advised to make a claim for Disability Living Allowance and to contact DIAL for support.

Advice provided

Client K contacted DIAL and we arranged a telephone appointment to help complete the Disability Living Allowance form. A DIAL advisor completed the form over the telephone and undertook a comprehensive benefit check. DIAL kept in contact with client K to provide support and prevent social isolation. We also helped keep the client up to date with the changes to social distancing, face covering and other public health advice.

After DIAL

Client K was awarded Disability Living Allowance high rate care component of £89.15 per week. This increased their Child Tax Credit and we supported them with the application for the disabled Child and Enhanced Disabled Child Element of Child Tax Credit, which was also awarded, at £144.15 per week.

Outcome

Client K now has extra finance that they are using to support their child. The client is using the extra income for travel costs and equipment required to help the child's development.







Client K said

"I can't thank DIAL enough. The difference this makes is enormous".

*CAB and DIAL's contribution to public health outcomes

Improving the wider determinants of health	
Objective 1: improvements against wider factors which affect health and wellbeing and health inequalities.	
1.09	Sickness absence rate
1.15	Statutory homelessness
Health improvement	
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities	
2.23	Self-reported well being
Healthcare public health and preventing premature mortality	
Objective 4: Reduce numbers of people living with preventable ill health and people dying prematurely, whilst reducing the gap between communities	
4.13	Health related quality of life for older people
4.15	Excess Winter Deaths

Housing Migration Officer (commenced 19th November 2020)

Health and Wellbeing		RAG
	Satisfactory quarterly monitoring report and contract management meeting.	
Anti Poverty	Milestones achieved	
	Outcome indicator targets met	
	Social value targets met	
Changing the Relationship	Satisfactory spend and financial information	
	Overall satisfaction with delivery against contract	

Purpose of Post

To ensure compliance with the legislation and statutory obligations of the Council dealing with poor housing and environmental conditions in the Private Rented Sector, ensuring effective regulation with a balanced proactive and reactive approach through the discharging of informal, formal and legal actions. Contribute to improved standards in the local private rented sector and stability for both tenants and landlords.

- Provide advice, guidance and support in accordance with approved Council policies, procedures and statutory responsibilities pertaining to private sector housing and the environment.
- To pro-actively engage and liaise with internal and external stakeholders including tenants, landlords, members of the public and partners, developing strong and cohesive working relationships.
- Respond to requests for service, investigate complaints and provide advice on sub-standard housing conditions in the private rented sector.
- Contribute to the development and delivery of a highly visible proactive approach to raising standards of poor quality private sector housing across the Borough.

Extract from Performance Report

Bradley Beatson is now in post. He commenced his role on the 19th October 2020. He has spent his first month working through the corporate induction, role specific shadowing familiarising himself with the geographic area.

CASE STUDY

N.A.

Improving the wider determinants of health	
Objective 1: improvements against wider factors which affect health and wellbeing and health inequalities.	
1.01i	Children in low income families (all dependent children under 20)
1.06ii	Adults in contact with secondary mental health services who live in stable and appropriate accommodation
1.15	Statutory homelessness
1.17	Fuel Poverty
1.18i	Social Isolation: Percentage of adult social care users who have as much social contact as they would like
Health improvement	
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities	
2.23	Self-reported well being
Healthcare public health and preventing premature mortality	
Objective 4: Reduce numbers of people living with preventable ill health and people dying prematurely, whilst reducing the gap between communities	
4.13	Health related quality of life for older people
4.15	Excess Winter Deaths

DIAL (Social Isolation) – Contract commenced on 1st September 2018

Health and Wellbeing		RAG
	Satisfactory quarterly monitoring report and contract management meeting.	●
Anti Poverty	Milestones achieved	●
	Outcome indicator targets met	●
	Social value targets met	●
Changing the Relationship	Satisfactory spend and financial information	●
	Overall satisfaction with delivery against contract	●

Service Outline

The service will include two social isolation workers who will conduct home visits and assess the needs of both the individual and their home environment. Support and advice will be offered to help people become more social integrated, leading to greater resilience. There will also be advice given regarding energy switching and varying behaviour patterns within the home to maximise warmth and ventilation. The model will also include recruiting a team of volunteers who will be trained as home energy champions.

N.B. This service has had to adapt significantly in order to deliver a service to isolated people during Covid-19 lockdown.

Delivery Update – Extract from performance report (submitted September 2020)

At a Glance – Service Highlights

- 234 residents received a safe and well check
- 82 residents received public health advice
- 42 residents received regular befriending calls
- 48 residents received wellbeing packs
- 18 residents recycled and donated their wellbeing packs to another person
- 16 Individual Needs Assessments were undertaken by telephone
- 20 Home Energy Assessments were undertaken by telephone
- 100 volunteering hours were contributed
- 16 new residents joined Happy Café Online
- 2 hOurbank helpers lead Happy Café Online Skills Swap sessions

Service Delivery

During the summer our team has continued to provide safe and well checks to residents in the North Area Council and since the easing of lockdown restrictions we have been proactive in promoting clear public health advice to residents to ensure that they have a better understanding of the five main areas which include:

- Social distancing
- Social bubbles
- Face coverings
- Shielding
- Track and trace

Our volunteers continue to provide regular befriending calls to residents and we recently recruited and trained 5 new volunteers to our befriending team.

We also recruited a new Social Inclusion Worker, Susan Reynolds, who joined us on 24th August and who will lead our work on cold homes. Susan previously volunteered for us in many varied roles including as an energy champion and befriender.

Our team have also continued to provide home energy advice and provided telephone support to residents experiencing cold homes including support with energy switching, energy debt, Warm Homes Discounts and energy awareness advice.

Our Happy Café Online continues to grow and our hOurbank helpers have been involved in leading some of the sessions and sharing their skills with others in the group. Our weekly sessions have also benefited from experts dropping in, like our Advice Team Leader, Nigel, for a Q & A session.

We continued to deliver our wellbeing packs during the summer and some of our Good Neighbours helped out with deliveries. 30% of recipients of our wellbeing packs went on to recycle their pack and pass it on to a neighbour or friend and continue to do so informally. We even have a jigsaw swap going on which has been instigated and organised by residents themselves!

Case Study – Social Isolation

Before Warm Connections

Mr B lives alone and has support from carers but other than this has had no face to face contact over the lockdown period. He has had his shopping delivered and other than hospital appointments has not left the house.

He often has periods of feeling low in mood.

Interventions provided by Warm Connections

Mr B attended a virtual Happy Café session which was guest hosted by a DIAL Benefits Advisor. He had seen the session advertised on Facebook and had a question regarding a

benefit claim. The advisor dealt with his question and during the session he spoke about his current situation and feeling isolated.

After the question and answer session had ended we stayed online to talk to him about the other support we could offer. He had chatted with some of the volunteers who also attended the Happy Café session and as they were facing some of the same issues he was able to quickly feel comfortable to have a conversation.

After Warm Connections

Mr B regularly attends the Virtual Happy Cafes. When he is not present other members will ask how he is doing which we relay to him and which makes him feel part of a community.

He is currently going through our induction training to become a volunteer befriender.

Mr B said

“Before lockdown I didn’t go out to socialise much but having the option taken away made me feel a lot more lonely. I wouldn’t like to think of anyone else in that situation and if I can help I would love to give it a try”.





Improving the wider determinants of health	
Objective 1: improvements against wider factors which affect health and wellbeing and health inequalities.	
1.01i	Children in low income families (all dependent children under 20)
1.17	Fuel Poverty
1.18i	Social Isolation: Percentage of adult social care users who have as much social contact as they would like
Health improvement	
Objective 2: people are helped to live healthy lifestyles, make healthy choices and reduce health inequalities	
2.23	Self-reported well being
2.24	Emergency hospital admissions due to falls in people 65 and over
Healthcare public health and preventing premature mortality	
Objective 4: Reduce numbers of people living with preventable ill health and people dying prematurely, whilst reducing the gap between communities	
4.13	Health related quality of life for older people
4.15	Excess Winter Deaths

PART C – COMMUNITY GRANTS SUMMARY PERFORMANCE MANAGEMENT REPORT

APRIL 2019 – MARCH 2020

SERVICE	PRIORITY	PROJECT TITLE	COST	START	END	REPORTS
Darton Cricket Club	Health and Wellbeing	Cricket Practice Facility	£ 19,000.00	April 2019	March 2020	Awaiting end of season report 2020
Reds In The Community	Health and Wellbeing	Health Lifestyles Programme	£ 8,551.38	April 2019	March 2020	Update provided Sept 2020

Darton Cricket Club – Training Facility

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	





Project Summary:

To install a brand new, outdoor cricket practice facility at Darton Cricket Club. Providing a state of the art training opportunity that will encourage existing club members to participate in further training and encourage more members to join the club over the coming years. This facility is intended to enhance the training provision for the junior members giving them the best possible opportunity to succeed in this iconic British summer time sport.

Performance Summary (Extract from performance report):

- The practise facility was installed in September, at the very end of the cricket season.
- To measure the impact of this project the Area Manager has requested a report from the club at the end of Q2 2020/21 when the club member will have begun to reap the benefits – *this will be submitted prior to the July 2021 Area Council meeting.*

Reds in the Community – Healthy Lifestyles

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary:

The Fit Reds Healthy Lifestyle Programme

The programme will improve the health and wellbeing of both young people and adults in the North Area: through the delivery of structured physical activity sessions coupled with lifestyle workshops, we will encourage and empower participants to adopt more active and healthier lifestyles. To ensure the programme reaches a broad cross-section of local people and achieves maximum impact, delivery will take place under distinct strands aimed specifically at men, women and young people aged 7 to 11 years. These strands are as follows:

Healthy Kicks

We will engage with pupils from years 3 to 6 during the school day with each school receiving 8 hours of delivery time over a two-day period. Pupils will have the opportunity to extend their learning and sports participation through our pathway programmes including Friday & Saturday Coaching Clubs, Premier League Kicks, Street Games and Fit Red Family Hubs.

Fit Reds Mens and Fit Reds Womens

We will deliver Fit Reds Men and Fit Reds Women's programmes to male-only and female-only groups in community-based settings. These 8-week programmes consist of weekly sessions involving 60 minutes of exercise and a 45 minute healthy lifestyle workshop. The exercise sessions include a warm up and circuit-based exercises incorporating boxercise, football and conditioning. Each workshop covers different aspects of nutrition and diet.

Performance Summary (Extract from performance report):

November 2020

So far we have run 3 of the 6 courses in your area.

We did 2 courses, mens and ladies, at Athersley which attracted 28 individuals.

We have since done a ladies course at Honeywell which attracted 21 . The results were again positive with:

84% losing weight

77% increasing physical activity

92% losing cms from their waistline

This gives us a total of 49 participants from 3 courses which is slightly down on what we targeted.

Originally there were 2 courses booked in for 2020:

March – Honeywell 22nd October 7.30pm -9.30pm

April – Athersley

Both courses needed to be postponed.

To allow for covid safe delivery a course started at Oakwell Thursday 22nd October 7.30 to 9.30pm. This course commenced and then had to be postponed due to the second lockdown. Fit Reds are looking at options to adapt the model.

Case Studies

Alex – Fit Red Participant Feedback Video

<https://www.facebook.com/RedsintheCommunity/videos/1555386544600968/>

James Wood - Fit Red Participant Feedback Video

<https://www.facebook.com/RedsintheCommunity/videos/460983988095446/>

PART C – COMMUNITY GRANTS SUMMARY PERFORMANCE MANAGEMENT REPORT

APRIL 2020 – MARCH 2021

*project delayed due to Covid-19

SERVICE	PRIORITY	PROJECT TITLE	COST	START	END	REPORTS
Emmanuel Church	Health and Wellbeing	Connections	£ 19,996	Oct 2020	Sept 2021	*postponed
YMCA	Young People	YMCA Youth Work	£ 10,567	April 2020	March 2021	Report received.
Making Space	Health and Wellbeing	Dementia Wellbeing Café	£10,000	Oct 2020	March 2021	*postponed & remodelled
Citizens Advice Barnsley	Health and Wellbeing	Specialist Debt Advice	£ 9,428	April 2020	Sept 2020	Inc in Com Service Report

Emmanuel Methodist Church – Connections

Satisfactory quarterly monitoring form submitted	●
Project milestones achieved	●
Project indicators / targets met	●
Overall project progress & achievements	●

Project Summary:

A project working with older people to help combat isolation. The project aims to promote and support the promotion of physical health; connections with others through various social groups and activities, specifically designed to stimulate the mental capacity of an aging generation. The project will also seek to network older people, provide transport through volunteers and maintain regular phone contact with those who are socially isolated or housebound.

Offering regular activities and one-off events to promote a holistic service to the local over 55+ population which will promote healthy eating, physical exercise and mental stimulation. These activities will include things like healthy cooking workshops, healthy exercises for the over 55's, chair fitness, craft groups, IT groups, afternoon teas, talks and demonstrations as well as other groups shaped by the steering group.

The project will include the development of a buddy system to maintain contact with isolated people and encourage volunteers to form a local network of support.

Performance Summary:

Recruitment delayed due to COVID-19. The social inclusion worker has commenced their induction on the 1st September 2020.

Carol Cotton – Connections Development Worker with Older People Barnsley North
email carol_cotton@hotmail.co.uk Telephone 07816308505.



Pastorally visiting older people who are self-isolating, delivering biscuits, cakes and cards, readings and prayers. Co-ordinating a project 'Caring for Carers' – taking thank you bags filled with goodies, into selected Nursing Homes for each member of Staff to show them we are thinking of them and praying for them as they care for others. Continuing to Network re support and provision. Looking for new ways to engage with people through lockdown and to offer support.

Delivery up to Christmas is intended to include:





A Christmas gift before Christmas

A Christmas lunch and a stocking on Christmas Day

A New Year's Day Buffet and Calendar to 100 older people who may be alone this Christmas.

This project operates in Old Town and Darton West – if you are aware of an older, isolated person who could benefit, please make a referral to Carol.

YMCA – Youthwork

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary:

Providing a regular weekly open access detached programme of community development youth work in Kexborough and Darton together with weekly centre-based provision as a feeder and entry platform into our more focused programmes.

Promoting family engagement, intergenerational and cultural activities, volunteering, arts, sports and games social play, environmental activities, low level bush craft and outdoors cooking. Building on the environmental aspects of our previous working with young people to develop open access events that seek to improve local green spaces, eg. litter picks, nature walks, low level bush craft and green crafts all within a wellbeing framework that seeks to improve emotional, mental and physical health. Creating opportunities and activities for participants where appropriate to share experiences and build more positive relationships and understanding between all ages of their community.

Performance Summary (extract from providers report):

Since national lockdown lifted we have maintained a consistent delivery in the North Area, our focus being around Kexborough Park and surrounding neighbourhood whilst also maintaining a presence around Darton village centre, park and Longfields.

Ever mindful that the young people and families would be re-emerging gently after a challenging few months, our initial face to face reconnection was very much led by them, some families were reconnecting for the first time as friends and neighbours. Our role was very much one of facilitating a safe and comfortable open air forum space, whilst offering clarity on government guidance and how they impact on our work and that of youth work generally. Our staff had lengthy conversations with young people about their experiences and how it had impacted on their day to day life. Missing the normality of being able to interact with friends and family in a world gone wobbly had clearly impacted on the emotional health of some of these young people and families.

A careful and safe programme evolved for the coming weeks. Young people wanted to document their experiences and place on record their personal 2020 whilst also exploring the wider impact the pandemic has had on their community. Of course, working at a social distance, in the open air with changeable weather can and has been challenging, however, the late summer months were generally kind to us so we could action most of the programmes activities the young people had suggested.





Activities have included:

- Scrapbooking - young people keep hold of their scrapbook, use it for doodling, sticking, recording, even ranting at their world. They share as much or as little of their scrapbook with the wider group as they wish.
- Time capsule / memory box – An ongoing activity, young people and their families contribute to a collection of ‘stuff’. The ‘stuff’ can be made, written, or picked up on walk as long as it reflects 2020 and serves as an archive of memories and experiences. The box project is very fluid and there is no deadline to get it finished as yet as ideas are still emerging. We are hoping to make a video that brings generations together to discuss their different experiences and explore different perspectives from 2020. Eventually the group will be seeking an appropriate place to bury their box.
- Street photography – A walk around their community recording street names, views across Barnsley from their neighbourhood, places of interest etc. These photo’s contribute to their scrapbooks and the memory box.
- Knitting – Some of the young people and a couple of mums wanted to give knitting a try. Each household were given wool and needles to continue to practice at home after staff ran a socially distanced workshop. It was an activity that encouraged young people and their parents / carers to work together in their bubbles.
- Socially distanced rounders – Rounders doesn’t take a lot of tweaking of the rules to ensure it can be played safely with social distancing measures in place.
- Shelter building – As the winter months draw in, under normal circumstances we would be hoping to utilise indoor spaces to engage with some activities, perhaps using the Bernslai Homes premises on Priestly Avenue, however this is not currently an option. Therefore, we have held a number of shelter building activities in the hope that if we get caught in unkind weather, we can maintain some level of comfort whilst continuing to engage. We have the equipment and skills within our team to ensure social distancing is maintained.

Whilst a challenge in an ever-changing landscape, our staff team continue to work within government and National Youth Agency guidelines. We have procedures in place that ensure our face to face work is as safe as can be. PPE is provided where required, hand sanitisation is routine before, during and after each activity, and families are frequently reminded of our obligations as a youth organisation working under Covid 19 regulations.

We continue to provide a very discreet ‘C-Card in a Suitcase’ service, whereby young people can access free sexual health and contraceptive advice and provisions given that indoors services are currently limited.

Making Space – Dementia Wellbeing Cafe

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary:

Application form extract: This project would provide a weekly Dementia Café, a Barnsley Dementia Gateway Wellbeing Café, at Barugh Green WMC. The well-being Café would be modelled on other successful cafes currently operating in Barnsley and outside Barnsley in Rotherham and North Yorkshire. The aim is not to clash with other cafes offered by BIADS, The Alzheimer’s Society, Making Space, Butterflies Dementia Activities and Support Group and the Snap Tin in Goldthorpe. The intention is to plug a gap and offer more choice to people living with Dementia and their carers.

Although the planned café is for the aforementioned groups, other older people in the area would be most welcome. We know that 12.8% of people over 65 years live alone in the North Area and this resource could help some of these people be less socially isolated.

This café aims to be self-sustaining after the first year. Volunteer recruitment and development will be key to success.

Adapting the model for Covid Recovery:

Grant funding period: 01/10/20- 31/03/21.

1. Freephone dementia helpline

Fund a 6th of the new Freephone Dementia Helpline that we have created jointly, to be there for people living with Dementia and their carers from 8pm to midnight every evening , until the end of March. Please see attached info sheet.

2. Training and support for carers

Offer specialist Dementia support and advice training to carers of people living with Dementia. This could be offered to Carers in the North Area over an 8 week period. Please see attached “Awards for All Pitch “ for funding for this . You can see the areas that this training would address. This course would run once each quarter on a rolling basis.

3. Weekly café in Barugh Green

Helping lonely and isolated people from the Barugh Green Area begin to reintegrate. Low level support for people living with dementia and their carers. Adhering to government guidelines, numbers of attendees would need to be closely monitored the table service model of delivery includes the following:





Guests are met at the door, asked to wash their hands, temperature checked and then escorted to a table by a staff member or a volunteer wearing a visor, who will be their person for the duration. They will keep them company, offer information, advice and support if needed, help them to enjoy the live music on offer, including singing along. They will also do some arts and crafts with them, if they would like that and of course there would be plenty of tea, coffee and cakes. This new model stops people moving around. Numbers have to be lower than usual because many people living with Dementia will not be able to understand social distancing. The model relies heavily on the support of volunteers.

Performance Summary:

The first three Barugh Green Social Groups were delivered in October. These went well but have now been postponed until lockdown is lifted.

The training course, DISC (Dementia Information and Support for Carers) has been postponed by 6 weeks.

CAB – Specialist Debt Advice

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

Project Summary:

This project will run as a 6-month pilot, providing a specialist debt worker to help people from the North Area to address financial difficulties caused by problem debt. The service will be delivered face-to-face, drop in advice, twice per week from accessible community venues.

Performance Summary:

**Performance information for this project is included in the commissioned service report for the Anti-Poverty Outreach provision delivered by CAB and DIAL*

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